



Certification of Wellness Participation

This certificate of wellness participation outlines the requirements for your company to receive a 5% premium discount on your 2018 medical plan. Your group must meet the two requirements outlined below between January 1, 2018 and December 31, 2018.

Certificate of Wellness Participation

1. **Participate in an approved Worksite Wellness workshop, facilitated by Johnson Benefit Planning and PacificSource Health Plans.**
2. **Commit to promoting the Winning at Wellness Monthly Toolkit at your office.** (Sign up for the Winning at Wellness email newsletter and commit to hanging posters and disseminating the newsletter article to employees each month).

By signing below, I affirm I have read and understand the information in this certificate.

Return this signed certificate to Johnson Benefit Planning along with your new group enrollment forms.

Company Name: _____ Date _____

Authorized Signature: _____ Title: _____