By recognizing these five signs of substance abuse, you’re better able to help someone get the care they need:

1. Difficulty performing at work or at school
2. Disinterest in favorite hobbies or activities
3. Increase in secretive or cagey behavior
4. Significant change in relationships
5. Unexplained financial needs

Want to learn more?
Get more details at PacificSource.com/substanceabuse