

Reach your healthy weight with **Jenny Craig®**

As a part of your PacificSource medical coverage, you can participate in a Jenny Craig® program at a discount.

How does Jenny Craig work?

Since 1983, Jenny Craig® has helped millions achieve their weight loss goals with a safe, comprehensive, scientifically-proven program. Through one-on-one support, provided by a trained weight loss consultant, you will receive a tailored program that fits your lifestyle and is based on the three essential components of successful weight management: Food, Body, Mind.

What discounts do I receive for being a PacificSource member?

As a special incentive, Jenny Craig offers PacificSource members and their adult household dependents:

- FREE 30-Day Trial Program*
- 25% off a Premium Program*

* Food and, if applicable, shipping not included. Offer applies to initial membership fee only and is valid at participating centers in the U.S., Canada and Puerto Rico and through Jenny

Craig At Home. Each offer is a separate offer and can be used only once per person. Restrictions apply. 6-month Premium Success Program subject to the same discount.

Are there any limitations?

You must be an eligible and enrolled PacificSource member and present the coupon at the time you register.

There is a limit of one coupon per member for each discount option.

Where can I get a coupon?

Just visit PacificSource.com > For Our Members > Health and Wellness Programs. Then select how you're covered by PacificSource and click on the Jenny Craig Program.

Questions?

If you have any questions, our Wellness Team is happy to help you. Call (541) 225-2811 or e-mail wellness@pacificsource.com.

PacificSource Health Plans and Jenny Craig can help you take that first step toward reaching a healthy weight.



PacificSource
HEALTH PLANS

Direct: 541.684.5582

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PacificSource.com

