FIVE SIMPLE STEPS TO FINANCIAL HEALTH!

1. **Use a piggy bank**—add your loose change each day.
2. **"Is this a future garage sale item?"**—ask yourself this question before you make an impulse buy.
3. **Throw a game night**—invite your friends over for an evening of board games.
4. **Write it down**—note every purchase you make for a week to find out where you can save.

5. **Bake, don't buy, your next cake!**

As a PacificSource member, you can find simple ways to improve your financial health online with Health Manager. To get started, go to PacificSource.com, log in to InTouch, and then click on Health Manager.

PacificSource HEALTH PLANS

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